

# ANSAR WOMEN'S COLLEGE



(ACTIVIST FOR THE SERVICE OF HUMAN WELFARE AND ALTRUISM TO SOCIETY)



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# INTRODUCTION

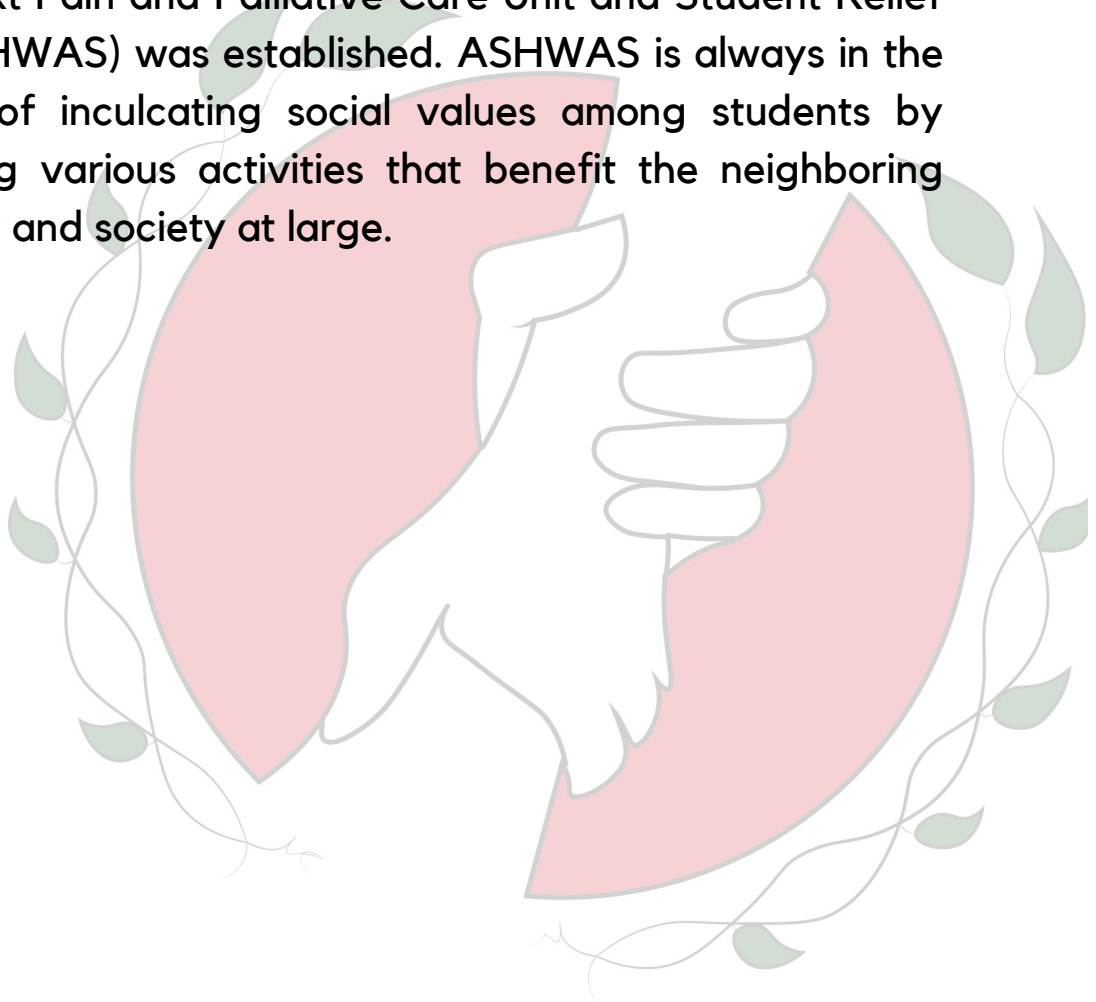
Palliative Care eases pain associated with physical, emotional or psychosocial symptoms. It also eases other distressing symptoms like depression, anxiety, stress etc. It helps you to live a life that is active fulfilling and pain free. Engaging students in palliative care has a dual advantage. One is that third energy can be utilized for the benefits of the society. Second is that it can have a positive effect on the attitude of the students.

ASHWAS Club is an initiative of Ansar Women's College which began in 2012 with the aim to inculcate human values in our students. It is the combined form of Student Relief Wing and Palliative Care Unit of Ansar Women's College where the aim is to lend helping hands among the staffs, students and within our immediate locality.

ASHWAS stands for Activists for Service, Humanity, Welfare, and Altruism to Society.

# CONTEXT

Education is not just acquiring knowledge and obtaining degrees and recognition but using the knowledge gained for the benefit of the society at large. Social responsibility and inclusiveness form an integral part of the graduation process. Instilling social responsibility in students help them to realize their potential and turn it to their own benefit and for the benefit of the society. Cancer and other non-communicable diseases have emerged as major public health problem in our society. When chronic or life-threatening illnesses strike, it is a crippling blow for the victims and their families. Therefore, a crucial need for a system of care at home that can best be built by a community-based palliative care movement. It is in this context Pain and Palliative Care Unit and Student Relief Wing (ASHWAS) was established. ASHWAS is always in the forefront of inculcating social values among students by organizing various activities that benefit the neighboring community and society at large.



# OBJECTIVES & PRINCIPLES

- ┌ This practice, which is built on the concept of 'Classroom to the Community' is designed with the following intended outcomes.
- ┌ To fulfill the Vision and Mission of the institution
- ┌ To make the students aware of the community in which they work and their relation to the community.
- ┌ To make the students aware of their obligation to society, especially the weaker section.
- ┌ To enable the students to identify the needs and problems of the community and involve in the problem-solving process.
- ┌ To create a sense of social and civic responsibility in students.
- ┌ To develop competence required for group-living and sharing of responsibility.
- ┌ To gain skills in mobilizing community participation with leadership qualities and a democratic attitude.



# ASHWAS

2020-2021

ASHWAS is the student's relief wing and pain and palliative care unit of Ansar Women's College. In the academic year 2020-21 'ASHWAS' was able to organize a lot of worthwhile events. The coordinators were Ms. Sainaba Soonam P.K (Assistant Professor, department of Computer Science) and Ms. Amritha P A (Assistant Professor, department of Commerce and Management Studies) and the student coordinators were Mubashira (student, Psychology department) and Deepthi K S (student, department of Computer Science). The unit had almost 150 volunteers who worked together to organize all the activities.

- On 2nd October 2020, we raised an amount of Rs. 25,000 and handed over to Ms.Sara, Staff, Ansar Creche service for her daughter's marriage.



## WORLD PALLIATIVE CARE DAY

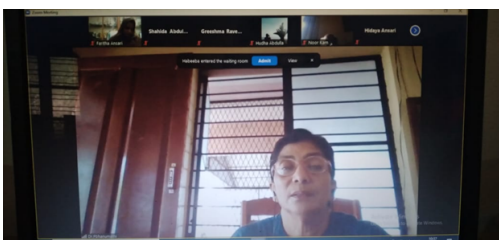
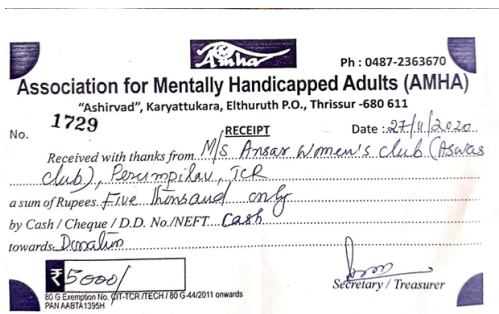


As a part of World Palliative Care Day, we conducted a cartoon drawing competition on the topic "Oru Vakku Oru Sparsham".

Students actively participated. Winners are Mubashira, S3 BSC psychology (First Prize), Jesli M V, S3 BCom Taxation ( Second Prize), Jilsha, S5 BSC Computer Science ( Third Prize).

# TALK WITH DR. P BHANUMATHI TEACHER

As a part of Induction programme 2020, NSS and ASHWAS jointly organized "SUKRUTHAM", A talk with Dr. Bhanumathi Teacher (AMHA, Thrissur) on 27th November 2020 at 10.00 am through zoom platform. The program started with prayer by Ms. Huda Abdulla (S4, BSC Psychology). Welcome speech was delivered by Ms. Shahida Abdul Kadar (Programme officer NSS) Ms. Faritha J, Principal, Ansar Women's College, Perumpilavu delivered presidential address. Dr. Bhanumathi Teacher (founder, AMHA) was the chief guest of the program. The institution provides help to mentally challenged adults who are underprivileged in all respects. The felicitation address was delivered by Mr. Noor Mohammed (College Dean and IT head). Vote of thanks was delivered by Ms. Sainaba Soonam P K (Co-ordinator, ASHWAS Club). We have raised an amount of Rs. 5000 and hand over to Dr. Bhanumathi Teacher. This program inspired the students greatly.



# Online Certificate Course (SAPC)

in Palliative Care offered by Student's Association of Palliative Care

Our students have completed 8 weeks online palliative care training program for student volunteers conducted by Student's Association of Palliative Care from 10th October 2020 to 28th November 2020. The training included 8 modules in Two levels.

## Level 1

Module - Introduction to Palliative care

Module 2 - Emerging needs of palliative care

Module 3 - End of life care

Module 4 - Role of students and teachers in palliative care

## Level 2

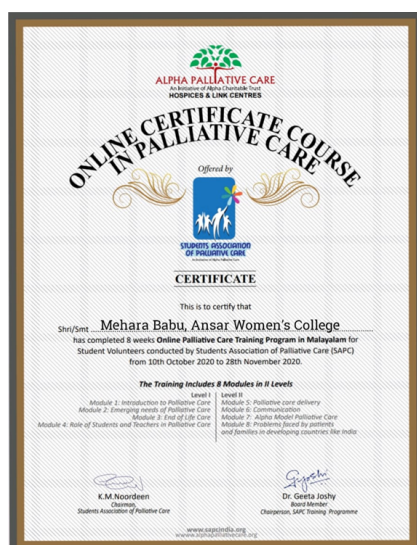
Module 5 - Palliative care

Module 6 - Communication

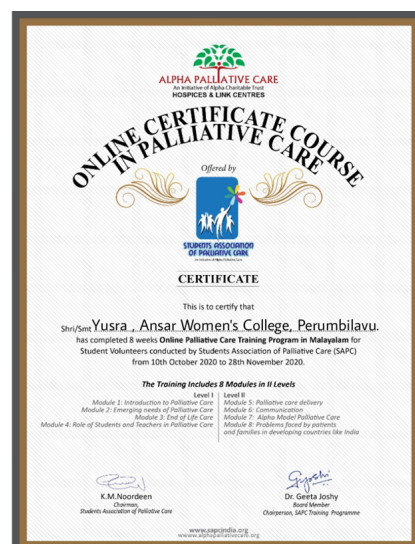
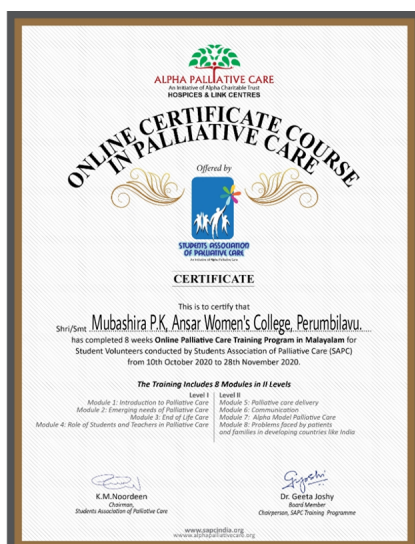
Module 7 - Alpha Model Palliative care

Module 8 - Problems faced by parents and families in developing countries like India.

The program was greatly beneficial to students. E - certificates were issued to all participants.







# ASHWAS

2019-2020

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department of Commerce and Management Studies) and the student coordinators were Mubashira (student, Psychology department) and Deepthi K S (student, department of Computer Science). The unit had almost 150 volunteers who worked together to organize all the activities. The activities of ASHWAS club this year has gained much more importance than in the previous years. Flood, Pandemic and other Natural Calamities created a situation where students could deeply involve in solving the issues in the nearby locality.

## INAUGURATION

The activities of ASHWAS Club in this academic year 2019-20 was inaugurated on 15th January 2020 by Mr. K M Noordeen who is the secretary to ALPHA PAIN CLINIC(Chairman of Alpha Charitable Trust). He spoke to students on "Role of Students in Palliative Care" by sharing his experience of 30 years in this field. SAPC a student's initiative was formed in association with this organization. The aim of this club is to provide social welfare support to those in distress. The guest of honour distributed the fund collected from the students to Office staff of AWC Ms Shereena (whose husband was a Dialysis patient) and Nabeesa (former mess staff, AES)

  
**ALPHA CHARITABLE TRUST**  
An initiative of Alpha Charitable Trust & Nammudeulphatam Charitable Trust  
Edamuttam P.O., Thrissur, Kerala-680 365, Phone: 0480 2837 100, nammudeulphatam@gmail.com

No: 3480  
Panchayath  
Received with thanks from Mr. / Ms. Ansar Women College, Perumpilavu

Cash/Cheque ☒ 5000/- Rupees five Thousand only

Bank \_\_\_\_\_ Cheq No: \_\_\_\_\_

Date: \_\_\_\_\_ towards Donation: General ☐ Executive ☐ Welfare ☐ Wealth Fund ☐

Dialysis ☒

Exemption granted for Donation U.S. 500 (1% of the Income Tax Act 1961) vide order No. GTE/TCR/TEL/500-22-2009-10 dated 16-7-2010 of the Commissioner of Income Tax, Trichur

for Alpha Charitable Trust  
Name: THEERA









## INSTITUTIONAL VISITS

The ASHWAS Club members visited Insight the Institution for the Blind, Guruvayur on 31st July 2019. The visit was effective for the students in realizing the life of the Visually Challenged and extended emotional support for the inmates too. There was also 30 inmates and our student of BA English Shereefa is staying in this organization. Spent the whole day conducting games, programmes and students had food with the inmates of the institution



The students also distributed study materials and school bags for the school going inmates of INSIGHT



## A FRIEND IN NEED

CHANGADHIKORU KAITHANGU

College Union and ASHWAS team conducted food fest to help out the needy students. Alumniu also came forward to help the students who are suffering from financial crisis. Thasleema of second semester B.Com CA , Adithya of final year B.com Finance , Sajna P M of second year B.Com Taxation got financial support for continuing their studies.

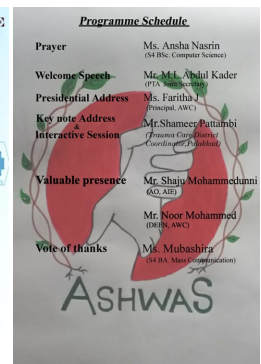
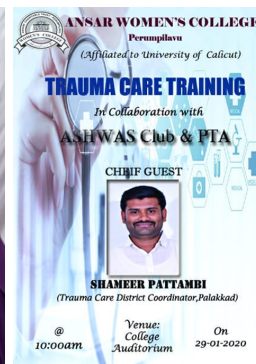




# TRAUMA CARE WORKSHOP



On 29th January 2020, the ASHWAS Club and PTA committee organized a Trauma Care Training. The guest of honour, Mr. Shameer Pattambi, (District Controller, Trauma Care, Palakkad), conducted an interactive session. He also hosted a workshop on 'First Aid Technique'



## EXTENDING A HELPING HAND

The volunteers of ASHWAS also collected an amount from the students to provide necessary household items for those students in the college who were affected by flood.

An amount of Rs. 5000/- was collected by the students and donated to a kidney patient having financial difficulty for medical treatment. The collected amount was handed over to Mr Kamarudheen (secretary, Santhwanam Palliative Care).



## KIT DISTRIBUTION



P M A Gafoor, A motivational speaker flagged off the vehicle carrying food, utensils and household items for flood affected families to Nilambur. The ASHWAS Club had collected 75 kitchen kits on 29 August 2019 and the vehicle carrying the kits started from college campus and on the way many institutions joined the effort to provide the household necessities to those in need.



The volunteers of ASHWAS also collected an amount from the students to provide necessary household items for those students in the college who were affected by flood.



## STUDENT SUPPORT FOR AFFLICTED FAMILIES

“PALLIATIVE KUDUMBANGALKKU VIDDHYARTHICALUDE KYTHANGU”

The programme was an initiative by the students and the volunteers of the ASHWAS club, the students organized a fund raiser to support the economically backward families in the “Kadavallur panchayath” as a result they were able to collect an amount of Rs. 5000 and donated it to the Palliative Care Unit.



Appreciating our work in the field of Palliative care and Student Relief, Kunnamkulam Pain and Palliative Care Center and Amala Fellowship Kunnamkulam Unit have honored us with the Appreciation certificates.

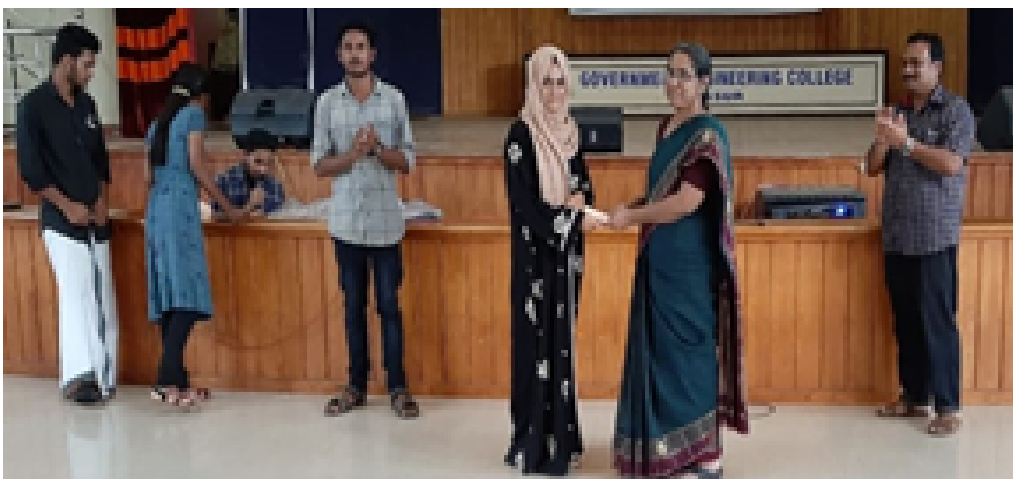


# SPARSHAM 2K19

This year also members of ASHWAS Club attended "Sparsham 2k19", literary and cultural program, organized by Oasis Pain and Palliative Care, on 25th October 2019 at Government College of Engineering, Thrissur. The winners received prizes for the same and others received certificates of participation. The team felt honored to be part of the event.



- Thanuja Jasmine - 2nd prize, Malayalam Essay Writing
- Asni M A - 3rd prize, Malayalam Poem Writing
- Ajmiya - 3rd prize, Mapilapaatu



# ASHWAS

2018-2019

Today's college students are tomorrow's citizens who build up the next society. Recognizing that it is the duty of the college authorities to extrinsically motivate the students to guide them in the right direction of Palliative and relief work, the club

organized a motivational as well as inspiring talk by the Social worker Mrs, Sheeba Ameer who is the Secretary of a NGO named SOLACE which extends all kind of palliative, medical and financial assistance to children suffering from long term illness. Her motivational talk encouraged many and they joined the club with a spirit to work the same. College also arranged personality development programs and interactive sessions by professionals to correct their negatives and boost their positives in the concerned area they prefer to work.



In order to attract the first-year students to the club activities interactive session was held during the month of July with the help of P Surendran, the writer who gave a visionary talk on how they should dedicate their work for the betterment of the nation.



# FINANCIAL ASSISTANCE

ASHWAS as the word indicates is a club which ensures consolation and emotional support to those voiceless and economically downtrodden in the society. Almost all the programmes this year focused on extending emotional care and support specially to the deserving ones within the campus.

**1** ASHWAS handed over to Mrs. Shobana the cleaning staff of the Ansari Charitable Trust and a widow who struggled to conduct her daughter's marriage with the an amount of Rs 10000.



**2** On 10th December 2018, Friday, Mr. Ansar, who was bedridden for past few years received help. His family was given a financial assistance of Rs 30,000 to build a house. It was the work of volunteers and teachers together that brought this great success. The amount was handed over by Fasna Miyan (State secretary, GIO).



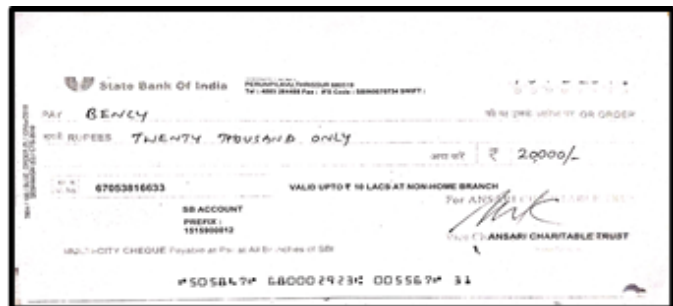
**3** On 10th december,2018, Tuesday, the team handed over ₹25,000 to Mrs. Shyla, staff in Hostel Mess who was struggling to build a house for her family. The amount was handed over by Mr. E A Kunjahammad (secretary, Ansari Charitable Trust).





4

Mrs Bency a former staff nurse of the sister institution Ansar Hospital was bedridden as her leg was amputated due to severe diabetics. Mr K V Mohammed, Chairman handed over an amount of 20,000 collected from students to assist her medical aid.



## A FRIEND IN NEED

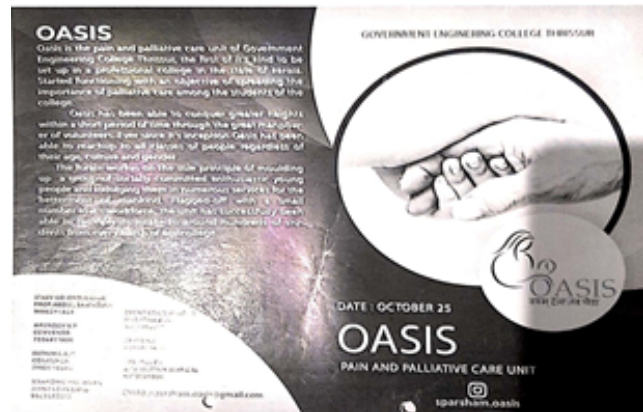
CHANGADHIKORU KAITHANGU

Prof Nadhiya R P sponsored a student named Sanuja Ayyub of B. Com Co-operation and Rs 10000 towards her semester fee. On 27th December 2018, Thursday, the team lent a helping hand to Ms. Jincy Mol, a student of commerce department of AWC and Ms. Shareefa, visually challenged student of English department of AWC by providing a ration kit of ₹3500 which was a great source of comfort for their family. The student was also provided hostel facility and mess free of cost. They were having a tough time dealing with the daily expenses.



# SPARSHAM 2K 18

Involving students in friendly competitions in college is another way to motivate them to work for the cause. Being part of healthy competitions helps to improve their positivity and they learn to appreciate and accept the success of others too. This friendly approach also enhances their spirit of winning in life while respecting the opponents and considering their feelings. So ASHWAS associated with the Oasis the Pain and Palliative Unit of Government Engineering College",



"Thrissur and our student volunteers participated in the SPARSHAM 2K 18 - a literary and cultural fest organized by them on 25th Oct 2018. Theme focused on Role of youngsters in shaping Palliative Kerala. The students bagged various prizes and took part in seminars and interactive sessions thereafter. Thanuja Jasmine - first - cash prize; Rs.1000 for Malayalam essay writing competition

- Hanan Abdul Jaleel - first - cash prize; Rs.1000 for English short story writing
- Neha Azeez, Lameeza Sanbakh & Adina - first - cash prize; Rs.1000 for collage making.
- Shadiya Shereef - second - cash prize; Rs.500 for mapilapaatu. To our astonishment all the winners contributed the amount for relief work. Students learn by doing, making, writing, designing, creating, and solving. Passivity dampens students' motivation and curiosity.

# AWARENESS PROGRAMME

A CANCER awareness programme was organized with the help of Dr Gangadhara the famous Oncologist in India on 8th November 2018.



## FIELD TRIPS

Field trips always promote students to learn about the life and challenges of others. They visited the THANAL orphanage and had cultural programmes with the inmates. Sandhya an inmate shared her life experience to make students understand that every Disability is a blessing in disguise to serve humanity. She has established herself and is guiding the other inmates in the institution to flourish with their own abilities. The students could also watch the way aged patients in the organization are taken care of.

# ASHWAS

## 2017-2018

ASHWAS Club was initiated with the specific intention to educate the students to support those suffering both within and outside the campus. The focus was on Student Relief Fund to support those who submit the request to the club coordinator. The genuineness of those request will be crossed checked by the ASHWAS volunteers and amount will be allocated as per the necessity. The allocation of fund will be based on the following concerns

- Security of housing and food
- Medical Aid to those having terminal diseases
- Support Victims of Natural Calamities
- Educational purpose
- Marriage of orphans\ Support to families managed by single parents
- Other unforeseen financial challenges

## TRAINING SESSIONS

- This academic year activities of the club ear marked with an informative session on "Palliative Care Education - an overview" by Prof N N Gokuldas the senior volunteer of District Pain and Palliative Unit. He is also one of the founder members of Haemophilia Society Kunnakulam Chapter which is near to our locality. He invited volunteers to the field of palliative work by sharing his own experience with the students.



An exhibition to educate the public on Haemophilia was held in the locality with the support and assistance of Haemophilia society Kunnankulam Chapter.



- Dr. Mehamood Shihab, Principal of Training College addressed the ASHWAS volunteers on how social involvements change the way of life. Personality training of this kind will be organised by the ASHWAS club every year. The Vision & Mission of the institution

will be discussed in detail and how they can mould their path to create a new world order.

## BREAST CANCER AWARENESS CLASS



- Being a Women's College, the club's keen concern is the health of the students in the campus. Since cancer is fast spreading the club conducted an awareness programme on Breast Cancer. A survey was held among the students on Unhealthy food habits, with the intention of creating an awareness on the same. An awareness class on breast cancer was conducted in college auditorium on 17th July 2017. The awareness class helped the students to understand the cause and effect of breast cancer. The resource person also did an interactive session with the students.

## FUND RAISER

- ASHWAS members placed 7 collection boxes of Madhyamam Health Care on each floor of the institution and places like Canteen, School Office, College Office, Library etc for conducting charity activities of the year. The amount collected from these boxes was contributed an amount to Madhyamam Health Care.



- On Fresher's Day, the club arranged a snack corner for the purpose of raising fund for the activities of ASHWAS wing and collected an amount of Rs.545 as profit.

## LENDING A HELPING HAND

- ASHWAS club collected an amount of Rs.50000/- and handed over to Ms. Subaida, the staff of AWC on 11th August 2017 in the function of Union inauguration by Shaju Mohammedunni (AO, AWC).

ANSAR WOMEN'S COLLEGE  
PERUMPLAZA, P.O. MADHURAI, THIRUVARUR (TA. P.O. 605005)  
PIN: 605005, (TAMIL NADU), INDIA. www.ansarwomenscollege.org

No: 1034 Date: 11/08/17

Received with thanks from ASHWAS Club, Government Arts College  
the sum of Rupees Five Thousand & 00/100 only  
Rs. 5000/- for the purpose of Union Inauguration

For \_\_\_\_\_ Secretary

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No: 045 Date: 11/08/17

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Rs. 5000/- for the purpose of Union Inauguration

For \_\_\_\_\_ Secretary



- On 15th June 2018, the members extended a helping hand to Ms.Sajna a plus two student of Govt school Chalissery who was suffering from a terminal disease. Surgery was done to remove the tumor in the brain and due to which she was beginning to lose her vision. Our team was able to

raise Rs.1.4 lakhs for her treatment. The cash was handed over by Mr.Kunju Bappu, Coordinator of Madhyamam Health Care to her father.ASHWAS volunteers and the faculty member of ASHWAS Committee Ms.Noushaja of Commerce Department visited her home to console her.



# ASHWAS

## 2016-2017

The activities of ASHWAS club in the year 2016-17 was inaugurated by Prof Tobio (HSST, Govt Higher Secondary School, Marathancode), who is a motivator and inspiration to all in his fight against blindness. Interactive session with ASHWAS volunteers was an eye opener since they could learn Nothing is Impossible



## A FRIEND IN NEED

### Changathikoru kythangu

The team Inaugurated a new scheme named "Changathikoru kythangu" this year. The main aim is to provide study materials and necessary educational assistance to economically weak students. It's an initiative where teachers are also involved and the target group is our own students.



The class coordinators will identify the needy student and inform the core committee, the committee will visit the house of the student and try to understand her present economic condition and assistance will be provided. Anyone can sponsor the educational needs. Many teachers, Trust members, administrative staff and affluent students themselves were ready to co-operate with the new initiative.

- As a part of this, a parent came forward and paid a semester fee of Rs.12800/- for one of our students, Ms.Sumayya C.V.



ANSAR WOMEN'S COLLEGE  
Affiliated to University of Calicut  
Perumplavu, Kozhikode P.O. Thiruvananthapuram  
Phone: 0495184811, Fax: 0495181174  
Website: www.ansar.ac.in, Email: ansar@ansar.ac.in

**FREE RECEIPT**

Receipt No. : WC-27400 Date : 22-02-2017  
Student Name : SUMAYYA C.V.  
Admission No. : B01183 Class : B.Com SEM-3

Sl.No	Particulars	Month/Year	Amount
2	Tuition fee	September-2016	12800.00

Ansar Women's College  
Perumplavu, Kozhikode P.O. Thiruvananthapuram

- A student of Dept of Physics was sponsored by Noor Mohammed of Ansari Charitable Trust.

- A student named Sariga, inmate of Govt Children's Home was given admission in Dept of English. Hostel and all other educational facility were sponsored by the Principal in charge of Al Ameen Law College.

## FIELD VISIT

An outreach program was held on 16th November at Nirmala Sadhan, Kecheri- a caring unit of abandoned children. The club distributed fruits and diapers as per their request. The volunteers interacted with children and conducted various events.



# FINANCIAL ASSISTANCE



ASHWAS wing collected and contributed Rs. 87,000 to Madhyamam Health Care Project. Madhayam Health Care project is a special scheme initiated by the Madhayamam News Daily to provide Financial and Medical Assistance to those suffering from long term and terminal diseases. ASHWAS is closely associating with the project and every year a particular amount is provided to help the needy



The ASHWAS club members visited kottol Nayadi colony, adopted village of our institution where most of the families are below poverty line and are Daily wagers trying to make both the ends meet. So, volunteers distributed groceries to 27 families of the colony.



The programme was inaugurated by Kadavallur Panchayath Member Jamal Kottol. The ASHWAS team collected the amount from students with the help of College union by conducting Food Fest.



**അവർ വിണ്ടുചെയ്തി; സ്നേഹപ്പെട്ടായി**

പെരുമ്പിള്ളി: ഓണത്തിനും ക്രിസ്തസിനും വരാനുള്ള വിദ്യാർത്ഥിനികൾ റമദാനിലും എത്തി. കൈനിയെ സമ്മാനങ്ങളായി. പെരുമ്പിള്ളി അൻസാർ വിമൻസ് കോളേജ് വിദ്യാർത്ഥികളാണ് കോട്ടാൽ നായാടി കോളനിയിൽ ഭക്ഷണക്കിറ്റ് എത്തിച്ചത്. 27 കുടുംബങ്ങൾക്കുള്ള കിറ്റായി എത്തിയ വിദ്യാർത്ഥിനികളെ ഹർഷാഭവ റത്താടെയാണ് കോളനിവാസികൾ സ്വീകരിച്ചത്. എൻ.എസ്.എസിന്റെയും ആശ്വാസ് റിലീഫ് വിഷിന്റെയും നേതൃത്വത്തിലായിരുന്നു അതിയും പലചരക്ക് സാധനങ്ങളും ഉൾപ്പെടുന്ന ഭക്ഷണക്കിറ്റുകൾ വിതരണം ചെയ്തത്. കവേലൂർ പഞ്ചായത്തംഗം മുമാൽ കോട്ടാൽ ഉദ്യോഗസ്ഥൻ ചെയ്തു. എൻ.എസ്.എസ് പ്രോഗ്രാം ഓഫീസർ കെ. ഫെയിദ് അധ്യക്ഷത വഹിച്ചു. പഞ്ചായത്തംഗം രാമേഷ് കുടവല്ലൂർ, ആശ്വാസ് കോളാഡി നെറ്റർ ബുഷിറ റിമേഷ്, എം.എ. കമറുദ്ദീൻ, അയിഷ നമീത, എം.വി. ശ്രീലക്ഷ്മി, അസ്മ എന്നിവർ സാന്നിധ്യം.

Sl. No.	COMMODITY	QTY	UNIT	EST. PRICE	AMOUNT	DATE	BY	FOR
1	GLUCOMETER (BETA) (BETA) (BETA)	1	PC	1400.00	1400.00	26/07/2016		
2	GLUCOSE STRIP (BETA) (BETA) (BETA)	100	PC	100.00	100.00	26/07/2016		

During the year the ASHWAS Club Donated Glucometer with strip to the NSS unit of Ansar Women's College which was handed over to

Santhwanam Pain & Palliative clinic, Akkikavu. The donated Glucometer helped the Palliative Clinic to treat their patients with more efficiency. The initiative of the students was appreciated by the care taker of the "Santhwanam Pain & Palliative clinic".

The club also donated Rs.50000/-for the house construction of a poor family. The amount was received by Nadeera .M, a member of the family.

**FEDERAL BANK**

BRANCH: KADAVALLUR

ACCOUNT NO: 19012017

AMOUNT: ₹ 50000/-

DATE: 19/01/2017

SIGNATURE: Nadeera .M

Visited the Boys' cottage, an orphanage and spent quality time with them. The club donated Rs.50000/- for the house construction of Mr.Manikandan, mess worker, Ansar English School.

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# ASHWAS

## 2015-2016

ASHWAS since its inception has been organizing programmes which inculcate humanistic value among generations. Through these programmes the prime objective is to shape young minds to be good volunteers in the field of pain and palliative care. With this intention we invited Adv. Rema Regunandan (Vice President, Haemophilia Society Kunnankulam Chapter) to give an awareness seminar on the same. She advised the students to spread the message to the society that even though haemophilia is not purely curable, the patients must be treated carefully to bring them back to their normal life. She delivered this message while inaugurating the activities of ASHWAS club on 15th July 2015.

She handed over the materials collected by the students to Sudeesh Mekkottil, representative of the Goodwill store of Alpha Palliative Care Unit, Thrissur. The program was named 'One man's Trash, Other's Treasure' and the collected fund was handed over to a needy one.



# FUNDRAISER

Human Welfare Foundation is a project initiated by Prof Siddique Hassan with a vision to help the homeless and those suffering from poverty in North India. The college associated with this VISION 2016 project and handed over an amount of Rs 33,340 / to the authorities. Prof Siddique , passed the message to students that Charity work should not be on sympathy, it's the duty on our side and Right of the downtrodden.



On Hiroshima day, the club arranged a food corner for the purpose of raising fund for the activities of ASHWAS wing and collected an amount of Rs.4694/- as profit.

As part of fund raising the club organized an organic vegetable stall and a corner of salted items and received a profit of Rs.1950.

The club also conducted a food fest in association with College Union for the purpose of charity works and got a profit of Rs.31110/-



Collected an amount of Rs.6500/-for buying 1300 flags distributed by IAB- Indian Association for the Blind. This is a voluntary donation aimed at supporting the education and rehabilitation of visually challenged people.

## OUTREACH PROGRAM

ASHWAS team visited an orphanage named "Nirmala Sadan", Kecheri- a caring unit of abandoned children on 7th December, distributed groceries and donated clothes for them.

Team members visited an old age home named Pope Paul Mercy Home and spent quality time with them. Students entertained them with games and songs.



Moved by the plight of the people of Chennai because of flood, ASHWAS club members decided to contribute for the welfare of people. The students also urged their faculty members to join the cause and they responded positively and contributed an amount. Overall the students collected Rs.10000/- and contributed it to the cost

On December 14th, our club organized an orphanage visit to Thanal VMV Orphanage Thrissur. Eight volunteers participated in the event. They interacted with the children and Rs 6500/- was donated.