



ANSAR WOMEN'S COLLEGE PERUMPILAVU

NSS REPORT

2020-2021

THE NSS UNIT 137

In the academic year 2020-21, the NSS unit conducted a series of activities with the aim of developing the capabilities of students and to inbuilt clinic sense and social responsibility in them. The NSS unit of Ansar Women's college, Unit 137 has strength of 100 volunteers.

- For creating awareness about the importance of environment and taking care of surroundings a tree plantation program was conducted



- International yoga day was celebrated as an aim to improve students physically and mentally to achieve a peaceful body and mind.



- International Drug Abuse day celebrated International day Against Drug Abuse And Illicit trafficking on 26th June. An awareness class was held on that day. It was an interactive session.
- World Natural Conservation day celebrated on 28th July. Students are preparing posters and sharing them on different social media sites.

- An online oath taking program on National Constitution Day on 26th November 2020.



- As a part of World Mountain Day Observation, Kerala Social Forestry Extension Department Govt. Of Kerala in association with NSS Thrissur District Cell organized a one day program VANAYATHRA on 15th December 2020



- NSS Unit Of Ansar Women's College Conducted a 7 Days Virtual Camp Commenced

On December 20th Webinars were Conducted Where Expert from different field Interacted with the Volunteers.



- NSS Unit of Ansar Women's College conducted a 5 day defense training program from 18th January to 22nd January 2021.
- The program was inaugurated by Ms. Rani kutty (Assistant professor of PG department of commerce and management studies) about 26 volunteers participated in the program.
- Police officers Sheeja and Prathiba took the training class for volunteers. After the training session an interactive session was held with all volunteers.



- NSS Unit of Ansar Women's College Conducted 72nd Republic Day in our College. NSS Volunteers were there.
- Our College Principal Miss Faritha J Hoisted to National Flag.
- " In Solidarity With The Protest Of Farmers " The NSS Unit Conducted the Skit On Republic Day.
- National Anthem was sung by NSS Volunteers.



In connection with International Women's Day NSS Unit of Ansar Women's College visited Kottol on 11th March 2021.

- The programme was inaugurated by Vijayaraja Mallika. All the volunteers assembled at Kottol at 10 AM. About 40 volunteers presented the



programme.

- On the recommendation of the NSS Unit of Ansar Women's College and Thrissur pink police, self defense class was held for the colony residence at Mukkutta field in North Kottol on 12th March 2021.



- Senior police officers in Thrissur pink police Prabitha PK, Shiji PB, Sheeja IA, led the classes. Suspicious of the colony residents were dispelled.



- The NSS Volunteer of Ansar Women's College built a reservoir to water the birds during the summer.





ANSAR WOMEN'S COLLEGE

NSS UNIT: 137

Motto of NSS: *"Not Me But You"*

ANNUAL REPORT 2019-2020

THE NSS UNIT 137

In the academic year 2019-20, the NSS conducted a series of activities with aim of developing the capabilities of students and to instill in them clinic sense and social responsibility. The NSS unit of Ansar Women's college Unit 137 has strength of 100 volunteers.

- International Yoga Day: was celebrated in the campus with a yoga session for teachers and students.
- Swatcch Bharath Mission



A tableau was performed in the college premises on the topic of reducing the use of plastic.



A wall magazine on the topic of pollution was released.



Awareness class and a workshop on paper bag, paper pen and mat making was organized for the L P section students of GVHSS Pazhanji.

- Awareness on POSCO Act

2 awareness classes on POSCO act was conducted, one at GVHSS, Pazhanji and other at GHSS Marathankode. The sessions were led by Ms. Faritha J, Principal AWC.

A tableau was performed at GVHSS Pazhanji on the same topic.

- A flood relief kit was provided to Wayanad, which was flagged off by P M A Gafoor.



- As a part of NSS day celebration, the volunteers were engaged in cleaning Kottol. Certificates were issued to 75 volunteers for the same.



- The volunteers took part in the global climate strike lead by Greta Thunberg. Along with this the volunteers also presented a street play on the harmful use of plastics.



- International Day of Older Persons: the volunteers visited Abhayam heritage center, Koppam. They spent quality time with the inmates and learnt a lot about their life style and food habits. The place is also the house for several rare species of rice varieties.



- The volunteers actively took part in the mass rally which was conducted by IAC and district disaster management on the occasion of international day for disaster reduction.



- International White Cane Stick Day: was celebrated by handing over the fund raised by the distribution of 5-rupee stamp by Indian association for blind.



- The volunteers presented a street play on cyber-crime on world development information day.



- NSS unit arranged a one-day trip to enrich the students with natural value. The trip included the visit to Palakkad Dhoni forest.



- Human Rights Day:

The NSS unit in association with Nehru Yuva Kendra conducted a quiz competition on human rights, 12 pairs of students took part in the quiz.

The unit and the college union jointly organized a panel discussion on human right day. Many eminent personalities like Adv. George Pulikuthiyil (Executive director, Jananeethi, Human Rights NGO), Ms Lekha S (Women Protection Officer), Ms Smitha Satheesh (Former Juvenile Justice Board Member, Thrissur), Mr. Philip Mampad (Asst. Sub-Inspector of Police), Dr Priya T P (NHM Medical officer, Chavakkad) participated in the discussion. Along with this a chart exhibition was also conducted.



- An orientation session was arranged for the volunteers, where Lukman sir (Asst. Prof. Dept of Economics, SAFI College, Ramanatukara, Vazhayoor) along with volunteers did a lot of

activities.



- Special camp

National Service Scheme Units of Ansar Women's College, Perumpilavu organized Annual Special Camp at TMVHSS Akikkavu from 20 December to 26 December 2019.

The Camp "Abhayam 2019" started on 20 December with a formal inauguration at TMVHSS Akikkavu with an invocation song by NSS Volunteers. Prof K N Ramesh, NSS district coordinator inaugurated the camp. Mrs. Liza the principal of TMVHSS, Mr. Hansen PV Thrissur club association general secretary, Mr. Rijil K R ward member, Mr. Jamal Kottol, panchayath member felicitated the camp. After the inaugural ceremony, NSS volunteers conducted 'Vilambara Jadha' from Akkikavu to Perumpilavu centre. Throughout the camp the volunteers along with their daily activities which included public cleaning and surveys, also had orientation sessions which included an emotional class by Mr. Babu sir the principal of MO College Akkikavu. His words make the volunteers into tears. He motivated the students by reminding them "THE FOUR UNEVITABLE

VALUES OF LIFE”; another class “THE DRUG ADDICTED YOUTH” was conducted by Mrs. Sathi, the excise officer. The class was very useful for this generation. It gave an optimistic energy to the volunteers. We also attended a craft class which was led by president of Penmithra, Zeenath Kokkoor. They taught us the different varieties of products using coconut shell. The class was very useful and interesting. At the time of Christmas Eve, the volunteers celebrated the Birth of Jesus. They made crib and decorated the christmas tree. The following day, Adv. Babu presented a class on various relevant judicial acts and laws related to safety of women, how they are exploited and so on. The students also attended a class on personal hygiene and reproductive health by Dr. Jasmine. Her thought-provoking words made the students think more cautiously about their personal health. On an overall, all the volunteers had an unforgettable experience.





- The volunteers actively took part in the climate circle which was held at Thrissur circle.



- As a part of FIT India programme along with Nehru Yuva Kendra, the

volunteers went for a jogging, in which a group of 45 volunteers lead by Noor Muhammed (College Dean).



- An awareness class was conducted for whole college, in accordance with 31st national road safety week. The class was taken by motor vehicle department inspector Mr. Suresh. The gathering was also addressed by human rights representative Mr. Badarudheen Guruvayur.



- In association with PTA and Indian medical association, the unit conducted a blood donation camp in the campus premises in which around 50-unit bloods was collected within the campus.



- Gandhi Smrithi, a programme was arranged on martyr's day remembering Gandhian principles and values.



- Cancer awareness programme was arranged within the campus premises. Dr Surumi Mamu gave a lesson on precautions and early identification of cancer to all the audience.



A life skill and exam motivation class were conducted by Nehru Yuva Kendra, in association with local panchayath. The session was led by Mr. Suresh (trainer of trainers, NYK). Around 90 students took part in the session.



- A live and interactive session on first aid and anti-drug was given to the volunteers by a team from district medical office.



It is also of great pleasure that one of our volunteers took part in the

national camp selection and two volunteers presented themselves at a programme under the title “Share your ideas” conducted by district panchayath in association with Nehru Yuva Kendra and youth clubs.



YOUTH WEEK CELEBRATION

NSS unit observed and celebrated the youth week from 12 to 16 January in our college with all the routine programmes and various programmes were conducted under the theme 'youth for digitization and cashless society'.



CHILDREN'S DAY CELEBRATION

As a part of children's day celebration of the year 2015-16, the NSS volunteers of Ansar Women's college conducted a visit to the nearest special school and cleaned the school surroundings, conducted cultural programmes for the kid section. They also spent time by playing with them. The volunteers distributed chocolates among children in order to cherish the happiness of children's day.

SEVEN DAYS SPECIAL CAMP



NSS unit of Ansar women's college, Perumpilav, organized a seven-day annual camp at Nayaadi colony from October 4 to October 10. This seven-days camp was an unforgettable experience for all the NSS volunteers.



PULSE POLIO DAY VOLUNTEERING

Activities of pulse polio is a part of pulse polio immunization programme NSS volunteers participate in volunteering day. Their duties were distributing brochure and pamphlet distribution and assisting in registrations, which was held in nursery



VEGETABLE GARDEN

NSS volunteers of Ansar women's college started cultivation of vegetables in campus. The aim vegetable garden was to grow organic vegetables. The yield was distributed among teachers and students.



MENTAL HOSPITAL VISIT

NSS volunteers of Ansar women's college visited a mental hospital. This was conducted to show care and love towards them and making aware about social responsibility towards them for youth. The students also

conducted cultural programmes for them and also participated them.

