

# ASHWAS CLUB

## ANNUAL REPORT 2015-2016

ASHWAS since its inception has been organizing programmes which inculcate humanistic value among generations. Through these programmes the prime objective is to shape young minds to be good volunteers in the field of pain and palliative care. With this intention we invited Adv. Rema Regunandan (Vice President, Haemophilia Society Kunnankulam Chapter) to give an awareness seminar on the same. She advised the students to spread the message to the society that even though haemophilia is not purely curable, the patients must be treated carefully to bring back to their normal life. She delivered this message while inaugurating the activities of ASHWAS club as 15<sup>th</sup> July 2015.

She handed over the materials collected by the students to Sudeesh Mekkottil, representative of the Goodwill store of Alpha Palliative Care Unit, Thrissur. The program was named *'One man's Trash, Other's Treasure'* and the collected fund was handed over to a needy one.



Human Welfare Foundation is a project initiated by Prof Siddique Hassan with a vision to help the homeless and those suffering from poverty in North India. The college associated with this VISION 2016 project and handed over an amount of Rs 33,340 / to the authorities. Prof Siddique , passed the message to

students that Charity work should not be on sympathy, it's the duty on our side and Right of the downtrodden.

On Hiroshima day, the club arranged a food corner for the purpose of raising fund for the activities of ASHWAS wing and collected an amount of Rs.4694/- as profit.

As part of fund raising the club organized an organic vegetable stall and a corner of salted items and received a profit of Rs.1950.

The club also conducted a food fest in association with College Union for the purpose of charity works and got a profit of Rs.31110/-



Collected an amount of Rs.6500/-for buying 1300 flags distributed by IAB-Indian Association for the Blind. This is a voluntary donation aimed at supporting the education and rehabilitation of visually challenged people.

ASHWAS team visited an orphanage named “Nirmala Sadan”, Kecheri- a caring unit of abandoned children on 7th December, distributed groceries and donated clothes for them.

Team members visited an old age home named Pope Paul Mercy Home and spend quality time with them. Students entertained them with games and songs



Moved by the plight of the people of Chennai because of flood, ASHWAS club members decided to contribute for the welfare of people. The students also urged their faculty members to join the cause and they responded positively and contributed an amount. In all the students collected Rs.10000/- and distributed.

On December 14<sup>th</sup>, our club organized an orphanage visit to Thanal VMV Orphanage Thrissur. Eight volunteers participated in the event. They interacted with the children and Rs 6500/- was donated.

Co-Ordinator

Principal