

# **ASHWAS CLUB**

## **ANNUAL REPORT 2017-2018**

ASHWAS Club was initiated with the specific intention to educate the students to support the those suffering within and outside the campus. The main focus was on **Student Relief Fund** to support those who submit the request before the club coordinator. The genuineness of those request will be crossed checked by the ASHWAS volunteers and amount will be allocated as per the necessity to the stakeholders. The allocation of fund will be based on the following concerns

- Housing and food insecurity
- Medical Aid to those having terminal diseases
- Support Victims of Natural Calamities
- Educational purpose
- Marriage of orphans\ Support to families managed by single parents
- Other unforeseen financial challenges

### **Training Sessions**

This academic year activities of the club ear marked with an informative session on **Palliative Care Education – an overview** by Prof N N Gokuldas the senior volunteer of District Pain and Palliative Unit. He is also one of the founder members of Haemophilia Society Kunnakulam Chapter which is near to our locality. He invited volunteers to the field of palliative work by sharing his own experience with the students.



Being a Women's College, the club's keen concern is the health of the students in the campus. Since cancer is fast spreading the club conducted an awareness programme on Breast Cancer. A survey was held among the students on **Unhealthy food habits**, with the intention of creating an awareness on the same.



Dr Mehamood Shihab, Principal of Training College addressing the ASHWAS volunteers on how social involvements change the way of life. Personality training of this kind will be

organised by the ASHWAS club every year. The Vision & Mission of the institution will be discussed in detail and how they can mould their path to create a new world order.

An exhibition to educate the general public on Haemophilia was held in the locality with the support and assistance of Haemophilia society Kunnankulam Chapter.



### **Financial Assistance Provided this year**

ASHWAS club collected an amount of Rs.50000/- and handed over to Ms. Subaida, the staff of AWC on 11th August 2017 in the function of Union inauguration by Shaju Mohammedunni (AO, AWC).

ASHWAS members placed 7 collection boxes of Madhyamam Health Care on each floor of the institution and places like Canteen, School Office, College Office, Library etc for conducting charity activities of the year. The amount collected from these boxes was contributed an amount to Madhyamam Health Care.

On Fresher's Day, snack corner for the for the activities of collected an amount



the club arranged a purpose of raising fund ASHWAS wing and of Rs.545 as profit.



On 15th June 2018, the members extended a helping hand to Ms.Sajna a plus two student of Govt school Chalissery who was suffering from a terminal disease. Surgery was done to remove the tumor in the brain and due to the same she was beginning to lose her vision. Our team was able to raise Rs.1.4 lakhs for her treatment.







The cash was handed over by Mr.Kunju Bappu, Coordinator of Madhyamam Health Care to her father.ASHWAS volunteers and the faculty member of ASHWAS Committee Ms.Noushaja of Commerce Department visited her home to console her.

Co-ordinator

Principal





 <b>भारतीय स्टेट बैंक</b> State Bank Of India		(70734)-PERUMPILAVU TRIVENI PLAZA PERUMPILAVU, THIRISSUR 680519 Tel : 4285 28488 Fax : IFSC Code : SBIN0070734 SWIFT :	Date of Issue of this cheque is 10/12/2018 <b>10/12/2018</b> D D M Y
PAY <b>ISMAIL KASIM</b>		को या उनके आदेश पर OR ORDER	
अदा करे RUPEES <b>THIRTY THOUSAND ONLY</b>		अदा करे ₹ <b>30000/-</b>	
7804 / 100 / BLUE GREEN / 13/10/2018 SECURED (E) CTS 2010	<b>67053816633</b>	VALID UPTO ₹ 10 LACS AT NON-HOME BRANCH	
SB ACCOUNT PREFIX : 1515900012		For <b>ANSARI CHARITABLE TRUST</b>  <b>ANSARI CHARITABLE TRUST</b>	
MULTI-CITY CHEQUE Payable at Par at All Branches of SBI			
<b>⑈ 505848⑈ 680002923⑈ 005567⑈ 31</b>			

On 10<sup>th</sup> december, 2018, Tuesday, the team handed over ₹25,000 to Mrs. Shyla. She is a staff of our institution. For long she had struggled to build a home for her family. Ours was a little help that we could present to her. The amount was handed over by Mr. E A Kunjahammad (secretary, Ansari Charitable Trust).



<b>भारतीय स्टेट बैंक</b> <b>State Bank Of India</b>		<b>(70734)-PERUMPILAVU</b> <b>TRIVENI PLAZA</b> <b>PERUMPILAVU, THRISSUR 680519</b> <b>Tel : 4865 284488 Fax : IFS Code : SBIN0070734 SWIFT :</b>		<b>10122018</b> <b>DOMMY</b>	
<b>PAY</b> <b>SHAILA.A</b>		<b>को या उनके आदेश पर OR ORDER</b>			
<b>रुपये RUPEES</b> <b>TWENTY FIVE THOUSAND ONLY</b>		<b>अदा करें ₹ 25000/-</b>			
<b>67053816633</b>		<b>VALID UPTO ₹ 10 LACS AT NON-HOME BRANCH</b>			
<b>SB ACCOUNT</b> <b>PREFIX :</b> <b>1515900012</b>		<b>ANSARI CHARITABLE TRUST</b> <b>Secretary</b>			
<b>MULTI-CITY CHEQUE Payable at Par at All Branches of SBI</b>					
<b>505846 6800029231 005567 31</b>					

On 10<sup>th</sup> December, 2018, Monday, the team was able to help Ms. Bency, who needed financial support for her treatment. The team raised an amount of ₹20,000 as it would



contribute to it. The cash was handed over by Mr. K V Muhammad (Vice chairman) to Mr. Kunji Bappu (trust member) who represented the former.



State Bank Of India  
PERUMILAVU, THRISSUR 680519  
Tel : 4885 284488 Fax : IFS Code : SBIN0070734 SWIFT :

PAY BENLY को या उनके आदेश पर OR ORDER

रुपये TWENTY THOUSAND ONLY अदा करें ₹ 20000/-

चैक नं. 67053816633 VALID UPTO ₹ 10 LACS AT NON-HOME BRANCH

SB ACCOUNT  
PREFIX :  
1515900012

For ANSARI CHARITABLE TRUST  
Vice Ch ANSARI CHARITABLE TRUST

MULTI-CITY CHEQUE Payable at Par at All Branches of SBI

505847 680002923 005567 31

On 27<sup>th</sup> December 2018, Thursday, the team lent a helping hand to one of their friends, Ms. Jincy Mol, a student of commerce department of AWC by providing a ration kit of ₹3500 which was a great source of comfort for her and family. They were having a tough time dealing with the daily expenses.


## OASIS

Oasis is the pain and palliative care unit of Government Engineering College Thrissur, the first of its kind to be set up in a professional college in the state of Kerala. Started functioning with an objective of spreading the importance of palliative care among the students of the college.

Oasis has been able to conquer greater heights within a short period of time through the great manpower of volunteers. Ever since its inception Oasis has been able to reach up to all classes of people regardless of their age, culture and gender.

The forum works on the sole principle of moulding up a group of socially committed enthusiastic young people and indulging them in numerous services for the betterment of mankind. Flagged-off with a small number in its workforce, the unit has successfully been able to multiply its intake to around hundreds of students from every batch of our college.

GOVERNMENT ENGINEERING COLLEGE THRISSUR



DATE : OCTOBER 25

STAFF CO-ORDINATOR  
PROF. ABDUL SAMAD, PUS  
9496291324

EVENT CO-ORDINATOR  
M. ANITHA SULTAN  
9496291324

ARUNDEV.V.P.

OASIS  
वयम् देता तव पीडा



## SPARSHAM 19'

OASIS PAIN AND PALLIATIVE CARE UNIT, a student organised palliative care club of GOVT. ENGINEERING COLLEGE, THRISSUR is back with SPARSHAM 2K19, a literary and annual cultural programme with a motive to spread the message of palliative care among youth.

SPARSHAM invites students from colleges over the state. The programme includes talks and interaction along with numerous competitions regarding Palliative Care.

We plan a great interacting session with our inmates from Govt. Home, Kottayam and our associate Alpha Pain and Palliative Care Club, Thrissur.

The participants get to experience the virtue of care and love towards others and this will motivate them to join hands for establishing more of such care units across the state.

We are glad to announce that this year SPARSHAM is blessed with Dr. K. S. S. and a young lady Akhitha, two inmates of Alpha Palliative Care Unit, Thrissur.

For 19, this is something more special than previous. With a great honour, we the volunteers, welcomes you to the event conducted on 24th-25th of October, 2019.

## EVENTS

1. Online Photography  
Sachin P Sahadevan

9656214917

PRIZE-1K

2. Writing Competition

Amritha Prem

9061837764

PRIZE-7K

3. Drawing Competition

Rinsiya E.A

8547630625

PRIZE-2K

4. Quiz Competition

Gittu Koshy Georgy

9947765420

PRIZE-2K

5. EKA Project Idea Presentation

Suraj Suresh

9846842005

PRIZE-5K

6. Monoact

Deepak Christopher

8078462045

PRIZE-2K

7. Mimicry



Pain & Palliative Care Unit  
Government Engineering College, Thrissur

# *sparsham*'18

CERTIFICATE OF MERIT

This is to certify that Mr/Ms. THANUJA JASMIN of ANSAR WOMEN'S COLLEGE has won 1<sup>st</sup> position in ESSAY WRITING (MALAYALAM) during SPARSHAM'18, the state level cultural