

ASHWAS CLUB

ANNUAL REPORT 2019-2020

This year activities of ASHWAS club have gained much more importance than in the previous years. Flood, Pandemic and other Natural Calamities created a situation where students could deeply involve in solving the issues in the nearby locality.

The ASHWAS Club members visited **Insight** the Institution for the Blind, Guruvayur on 31st July 2019. The visit was effective for the students in realizing the life of the Visually Challenged and extended emotional support for the inmates too. Almost there were 30 inmates and our student of BA English Shereefa is staying in this organization. Students spent the whole day by conducting games, programmes and shared food with the inmates of the institution.





The students also distributed study materials and school bags for the school going inmates of INSIGHT.

The activities of ASHWAS Club in this academic year 2019-20 was inaugurated on 15th January 2020 by Mr. K M Noordeen who is the Secretary to Alpha Pain Clinic and Chairman of Alpha Charitable Trust. He spoke to students on “**Role of Students in Palliative Care**” by sharing his long 30 yrs. of experience in this field. SAPC a student’s initiate was formed in association with this organization. The aim of this club is to provide social welfare support to those in distress.

The guest of honour distributed the fund collected from the students to Office staff of AWC Ms. Shereena (husband is a Dialysis patient) and Nabeesa (Former mess staff, AES).

Ansar Womens College
Palakkad Ponnani Road
Perumpilavu, Thrissur, Kerala
680519

04885 284 912

mail@ansarwomenscollege.com

www.ansarwomenscollege.ac.in

Kerala Palliative Care Day 2020

ANSAR WOMEN'S COLLEGE
PERUMPILAVU

ASHWAS CLUB
in collaborate with

Alfa Pain and Palliative Care Unit,
Thrissur

"Role of Students in Palliative Care"

Guest: Sri.M.K.Noordeen
(Chairman, Alpha Charitable Trust)

15th January 2020
@College Auditorium

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പെരുമ്പിലാവ് അൻസാർ വിമൻസ് കോളജിൽ പെയിൻ ആൻഡ് പാലിയേറ്റീവ് ക്ലബായ 'ആശ്വാസ്' ആത്മ ചെയർമാൻ കെ.എം. നൂർദീൻ ഉദ്ഘാടനം ചെയ്യുന്നു

'ആശ്വാസ്' ക്ലബ് ഉദ്ഘാടനം

പെരുമ്പിലാവ്: കേരള പാലിയേറ്റീവ് കെയർ ദിനാചരണത്തിന്റെ ഭാഗമായി അൻസാർ വിമൻസ് കോളജിൽ പെയിൻ ആൻഡ് പാലിയേറ്റീവ് ക്ലബായ 'ആശ്വാസ്' ആത്മ ചെയർമാൻ കെ.എം. നൂർദീൻ ഉദ്ഘാടനം ചെയ്തു. വിദ്യാർത്ഥികളിൽ നിന്നും സമാഹരിച്ച തുക അർഹരായവർക്ക് കൈമാറി. കോളജ് പ്രിൻസിപ്പൽ ജെ. ഫതിമ അധ്യക്ഷത വഹിച്ചു. അൻസാരി ചാരിറ്റബിൾ ട്രസ്റ്റ് അഡ്മിനിസ്ട്രേറ്റീവ് ഓഫീസർ ഷാജു മുഹമ്മദുണ്ണി, ട്രസ്റ്റ് അംഗം നൂർ മുഹമ്മദ് കമാലുദ്ദീൻ, പി.കെ. ജമാൽ, സാന്ത്വനം പാലിയേറ്റീവ് സെക്രട്ടറി എം.എ. കമറുദ്ദീൻ എന്നിവർ സംസാരിച്ചു. ആശ്വാസ് ക്ലബ് കോഓഡിനേറ്റർ പി.കെ. സൈനബ സുനം സ്വാഗതവും കോളജ് ചെയർപേഴ്സൻ അതുല്യ നന്ദിയും പറഞ്ഞു.

STUDENTS ASSOCIATION OF PALLIATIVE CARE
An initiative of Alpha Palliative Care

ALPHA PALLIATIVE CARE
An initiative of Ansar Charitable Trust
HOSPICES & UNIT CENTRES

Believe the youth, lighten the pain

This Institution supports patients in pain and distress through Students Association of Palliative Care an initiative of Alpha Palliative Care

SAPC PALLIATIVE CLUB

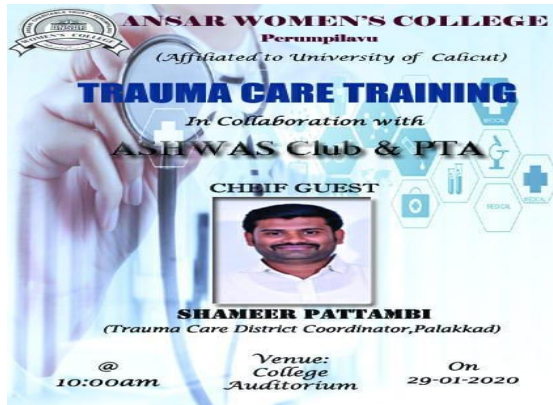
sapckerala@gmail.com
www.alphapalliativecare.org

+91 94877 13967
+91 94877 13926

sapckerala
@alphapalliativecare.tcr



On 29th January 2020, the ASHWAS Club and PTA committee organized a Trauma Care Training. The guest of honour, Mr. Shameer Pattambi, (District Controller, Trauma Care, Palakkad), conducted an interactive session. He also hosted a workshop on 'First Aid Technique'.



First Aid Technique session being demonstrated to students by the resource team.

This year also members of ASHWAS Club attended “**Sparsham 2k19**”, literary and cultural program, organized by Oasis Pain and Palliative Care, on 25th October 2019 at Government College of Engineering, Thrissur.

The winners received prizes for the same and others received certificates of participation. The team felt honored to be part of the event.

Thanuja Jasmine – 2nd prize, Malayalam Essay Writing

Asni M A – 3rd prize, Malayalam Poem Writing

Ajmiya – 3rd prize, Mapilapaatu



On **Alumni meet**, the club arranged a juice corner for the purpose of raising fund for the activities of ASHWAS wing and collected an amount of Rs.1050/- as profit.



P M A Gafoor the motivational speaker flagged off the contribution vehicle carrying food, utensils and household items for flood affected families in Nilambur.

The ASHWAS Club had collected 75 kitchen kits on 29th August 2019 and the vehicle carrying the kits started from college campus and on the way many institutions joined the effort to provide the household necessities to the needy.



The volunteers of ASHWAS also collected an amount from the students to provide necessary household items for those students in the college who were affected by flood.

An amount of Rs. 5000/- was collected by the students and donated to a kidney patient having financial difficulty for medical treatment. The collected amount was handed over to Mr Kamarudheen (Secretary, Santhwanam Palliative Care).



The Palliative Care Unit of Kadavallur Panchayat conducted a program, namely, “PALLIATIVE KUDUMBANGALKKU VIDDHYARTHIKALUDE KYTHANGU” (A Helping hand to families below poverty line). An amount of Rs. 5000 was collected and donated.



Principal

Club Coordinator