ASHWAS

Annual Report 2018-2019

Today's college students are tomorrow's citizens who build up the next society. Recognising that it the duty of the college authorities to extrinsically motivate the students who need a constant push from outside may be in the form of a mentor to guide them in the right direction of Palliative and relief work, the club organized a motivational as well as perspective talk by the Social worker Sheeba Ameer who is the Secretary of a NGO named SOLACE which extends all kind of palliative, medical and financial assistance to children suffering from long term illness. Her motivational talk encouraged many and they joined the club with a spirit to work the same. College also arranged personality development programs and interactive sessions by professionals to correct their negatives and boost their positives in the concerned area they prefer to work. In order to attract the first-year students to the club activities interactive session was held during the month of July with the help of P Surendran, the writer who gave a visionary on how they should dedicate their work for the betterment of the nation.



ASHWAS as the word indicates is a club which ensures consolation and emotional support to those voiceless and economically downtrodden in the society. Almost all the programmes this year focused on extending emotional care and support specially to the deserving ones within the campus.

Mrs. Shobana	ASHWAS handed over to Mrs. Shobana the cleaning staff of the Ansari
	Charitable Trust and a widow who struggled to conduct her daughter's marriage with the helping hand of ₹10000.
Mr. Ansar	On 10 th December 2018, Friday, Mr. Ansar, who was bedridden for past few years received help. His family was given a financial assistance of ₹ 30,000 to build a house. It was the work of volunteers and teachers together that brought this great success. The amount was handed over by
Mrs. Shyla	Fasna Miyan (State secretary, GIO). On 10 th december,2018, Tuesday, the team handed over ₹ 25,000 to Mrs. Shyla, staff in Hostel Mess who was struggling to build a home for her family. The amount was handed over by Mr. E A Kunjahammad (Secretary, Ansari Charitable Trust).
Mrs. Bency	Mrs. Bency a former staff nurse of the sister institution Ansar Hospital was bedridden as her leg was amputed due to severe diabetics. Mr. K V Mohammed, Chairman handed over an amount of ₹30,000 collected from students to assist her medical aid.







On 27th December 2018, Thursday, the team lent a helping hand to Ms. Jincy Mol, a student of Commerce Department of AWC and Ms. Shareefa, visually challenged student of English Department of AWC by providing a ration kit of ₹3500 which was a great source of comfort for their family. They were having a tough time dealing with the daily expenses.

Positive Competition

Involving students in friendly competitions in college is another way to motivate them to work for the cause. Being part of healthy competitions helps to improve their positivity and they learn to appreciate and accept the success of others too. This friendly approach also enhances their spirit of winning in life while respecting the opponents and considering their feelings. So ASHWAS associated with the "Oasis the Pain and Palliative Unit of Government Engineering College", Thrissur and our student volunteers participated in the SPARSHAM 2K18 – a literary and cultural fest organized by them on 25th October 2018. Theme focused on Role of youngsters in shaping Palliative Kerala.

The students bagged various prizes and took part in seminars and interactive sessions thereafter.

- 1) Thanuja Jasmine First Cash prize; Rs.1000 for Malayalam Essay Writing Competition
- 2) Hanan Abdul Jaleel First Cash prize; Rs. 1000 for English Short Story Writing
- Neha Azeez, Lameeza Sanbakh & Adina First Cash prize; Rs.1000 for Collage Making.
- 4) Shadiya Shereef second cash prize; Rs.500 for Mapilapaatu.

To our astonishment all the winners contributed the amount for relief work. Students learn by doing, making, writing, designing, creating, and solving. Passivity dampens students' motivation and curiosity.



A CANCER awareness programme was organized with the help of Dr Gangadharan the famous Oncologist in India in November 2018.





Field Trips always promote students to learn about the life and challenges of others. They visited the THANAL orphanage and had cultural programmes with the inmates. Sandhya an inmate shared her life experience to make students understand that every Disability is a blessing in disguise to serve humanity. She has established herself and is guiding the other inmates in the institution to flourish on their own ability. The students could also watch the way aged patients in the organisation are taken care of.



Co-ordinator Principal