

ANSAR WOMEN'S COLLEGE, PERUMPILAVU

PG DEPARTMENT OF PSYCHOLOGY

CERTIFICATE COURSE

COUNSELING AND GUIDANCE

SYLLABUS

MODULE-1: FUNDAMENTALS OF COUNSELING (8 Hrs)

Definition, Goals, Scope of counseling, Characteristics of counselor and counselee, Areas of counseling, Ethics of counseling.

MODULE:2 COUNSELING (6 Hrs)

Stages of Counseling, Psychological Testing.

MODULE:3 APPLICATIONS OF COUNSELING (8 Hrs)

School Counseling, Career Counseling, College Counseling, Premarital Counseling, Marital and Family Counseling.

MODULE:4 GUIDANCE (8Hrs)

Introduction to guidance, Types, Scope, Goals and Importance of Guidance, Difference between Guidance and Counseling, Need of Guidance, Areas of Guidance.