

**ANSAR WOMEN'S COLLEGE, PERUMPILAVU**

**PG DEPARTMENT OF PSYCHOLOGY**

**CERTIFICATE COURSE**

**PSYCHOTHERAPEUTICS**

## **SYLLABUS**

### **MODULE -1(Introduction to psychotherapy)**

Definition, Process, Type and Phases.

### **MODULE -2 (Psychoanalysis)**

Concept, Mechanism, Phases.

### **MODULE -3 (Behaviour Therapy)**

To Concept, Mechanism, Phases.